## OCTOBER KIRTLAND HIGH AND MIDDLE MENU

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER

\*subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
3 CHICKEN NUGGETS W/SOFT PRETZEL Green Beans Romaine Tossed Salad Cucumber Slices Fresh Fruit Variety Milk Variety	4 WALKING TACO DORITOS RF Refried Beans Romaine Tossed Salad Grape Tomatoes Fresh Fruit Variety Milk Variety	5 MEATBALL SUB SANDWICH HASH BROWN TRIANGLES Romaine Tossed Salad Coleslaw Fresh Fruit Variety Milk Variety	POPCORN CHICKEN BOWL DINNER ROLL Romaine Tossed Salad Cucumber Slices Fresh Grape Cup Fresh Fruit Variety Milk Variety	7 <b>GARLIC CHEESE PIZZA</b> Steamed Carrots Romaine Tossed Salad Fresh Fruit Variety Milk Variety
10 ALL AMERICAN CHEESEBURGER Baked French Fries Golden Corn Romaine Lettuce Cucumber Slices Fresh Fruit Variety Milk Variety	11 "FRITO BURRITO BAR" WITH ALL THE TOPPINGS Chipotle Black Beans Romaine Tossed Salad Black Bean/Corn Salsa Fresh Fruit Variety Milk Variety NATIO	*MAC & CHEESE* Garden Peas Romaine Tossed Salad Cucumber Slices Carrots, Baby Fresh Fruit Variety Milk Variety  NAL SCHOOL LUNCH WEEK !!!!!	13 TANGERINE CHICKEN BOWL Vegetable Fried Rice Romaine Tossed Salad Fresh Fruit Variety Milk Variety	No School FUN FACT: 29.7 MILLION SCHOOL LUNCHES ARE SERVED DAILY IN THE USA
17 <b>MINI CORN DOGS</b> BBQ Baked Beans Broccoli Pasta Salad Romaine Tossed Salad Fresh Fruit Variety Milk Variety	18 SUPER NACHOS W/BAKED TOSTITO'S Refried Beans Golden Corn Romaine Tossed Salad Black Bean/Corn Salsa Fresh Fruit Variety Milk Variety	19 CHEESE FILLED BREADSTICK W/ MARINARA SAUCE Romaine Tossed Salad Grape Tomatoes Hummus with celery sticks Fresh Fruit Variety Milk Variety	CHICKEN AND BROCOLLI ALFREDO Green Beans Romaine Tossed Salad Celery Sticks Grape Tomatoes Fresh Fruit Variety Milk Variety	FIESTADA PIZZA PIZZA "MANIA" Add Variety of Toppings Steamed Carrots Romaine Tossed Salad Fresh Grape Cup Fresh Fruit Variety Milk Variety
24 MINI PANCAKES, SAUSAGE LINKS, AND HASH BROWN POTATO TRIANGLES Green Beans Fresh Fruit Variety Milk Variety	25 ALL AMERICAN CHEESEBURGER Baked French Fries BBQ Baked Beans Romaine Tossed Salad Cucumber Slices Fresh Fruit Variety Milk Variety	CHICKEN AND VEGETABLE ASIAN DUMPLING Stir-Fry Vegetables Romaine Tossed Salad Fresh Fruit Variety Milk Variety	PENNE PASTA W/ MEAT SAUCE DINNER ROLL Romaine Tossed Salad Carrot Snack Pack Fresh Fruit Variety Milk Variety	28 BUFFALO CHICKEN PIZZA Romaine Tossed Salad Cucumber Slices Carrot Snack Pack Fresh Fruit Variety Milk Variety
W/ SOFT PRETZEL		* 4 4 1 1		



**CELEBRATE NATIONAL** SCHOOL LUNCH WEEK. TRY A NEW ITEM "TANGERINE **CHICKEN BOWL". THIS ENTREE HAS NOT** ARTIFICIAL FLAVORS. PRESERVATIVES. **SWEETNERS, COLOR, HIGH FRUCTOSE CORN SYRUP OR** MSG. WHOLEGRAIN RICH AND SMART SNACK **COMPLIANT. IT IS DELICIOUS !!!!!** 

Secondary Lunch \$4.00 Secondary Breakfast \$2.25 Milk .50

## W/SOFT PRETZEL

**Green Beans** Romaine Tossed Salad Cucumber Slices Fresh Fruit Variety Milk Variety

